

# 果园里的秋日冒险

今天，我们班组织了一次秋天的果园采摘活动。果园里红红的苹果、黄黄的梨子挂满枝头，空气中充满了甜甜的果香，让人闻了心情特别好。

我先跑到苹果树下，看到苹果像小灯笼一样挂在树上，忍不住伸手去摘。刚摘下一个苹果，手一滑，苹果掉到地上，滚来滚去，我赶紧捡起来，擦干净后小心翼翼地放进篮子里。摘苹果的过程充满了乐趣，也让我体会到小小的耐心和努力的成果。

随后，我们去摘梨子。梨子长在树的高处，我得踮起脚尖才能够到。老师教我们用双手托住果子，轻轻一转，果子就能顺利摘下。我照着做，摘下了一个又大又甜的梨，忍不住咬了一口，汁水甜甜地流出来，味道好极了！大家在树下互相比谁摘的最多，笑声在果园里回荡。

在果园里，我还注意到农民伯伯的辛勤劳动。他们弯着腰，收集掉落的果子，还修剪枝叶，让果树长得更健康。看到他们汗流满面，我心里感到一阵温暖，也明白了平时能吃到新鲜水果，背后有多少人的辛苦付出。

一天的采摘结束了，我们带着满满一篮子的苹果和梨回家。今天的经历让我感受到，果园里的收获不仅是水果，还有快乐、成长和感恩的心。通过这次果园体验，我学会了珍惜劳动的成果，也明白了分享和感恩的重要性。

## Autumn Adventure in the Orchard

Today, our class organized an autumn fruit-picking activity. The orchard was full of red apples and yellow pears hanging from the branches, and the air was filled with a sweet fruity fragrance, making everyone feel happy.

I first ran to the apple tree. The apples hung like little lanterns, and I couldn't resist picking one. As I picked an apple, my hand slipped and it rolled on the ground. I quickly picked it up, cleaned it, and carefully placed it in the basket. Picking apples was fun and gave me a sense of patience and accomplishment.

Next, we went to pick pears. They were high on the tree, so I had to tiptoe to reach them. The teacher taught us to hold the fruit with both hands and gently twist it to pick it. I followed the instructions and successfully picked a large, sweet pear. I took a bite, and the sweet juice flowed into my mouth—it was delicious! Everyone compared how many fruits they picked, and laughter echoed through the orchard.

In the orchard, I noticed the hardworking farmers bending down to collect fallen fruits and trim branches to keep the trees healthy. Seeing their sweat made me feel warm inside and realize how much hard work goes into the fresh fruits we enjoy every day.

After a day of picking, we went home with baskets full of apples and pears. This experience taught me that the harvest in the orchard is not just the fruits but also happiness, growth, and gratitude. Through this orchard trip, I learned to cherish the results of labor and understand the importance of sharing and being thankful.