

秋日森林探险

今年的十月，我们四年级全班在老师的带领下，来到了市郊的绿林公园进行秋游。天气格外晴朗，阳光透过金黄的树叶洒在地面上，整个公园都像铺上了金色的地毯。老师让我们按照小组活动，既可以观察大自然，也可以拍照和做小笔记。我的小组里有三位好朋友：小明、小红和我。大家一大早就兴奋地集合在学校门口，带上了水壶和小零食，踏上了这段充满期待的旅程。

一进入公园，首先映入眼帘的是一片红黄相间的枫叶林。微风吹过，落叶像雪花般飘落在我们的肩头和头发上。同学们忍不住捡起地上的落叶，互相比较谁捡的叶子颜色最漂亮。小红发现了一只橙色的小松鼠，它灵巧地跳跃在树枝间，引起了我们的阵阵惊呼。我们小心翼翼地观察它，不敢惊动它。老师告诉我们，这正是秋天森林的特有景象，要学会爱护小动物。

沿着蜿蜒的小路，我们看到了各种各样的植物和秋天的果实。树枝上挂满了红透的柿子，地面上散落着黄橙橙的南瓜。同学们争先恐后地拍照记录，时不时还会发生一些趣味事件：小明不小心踩到一片湿滑的落叶，差点滑倒，全班都笑成一片。大家互相打趣，气氛非常轻松愉快。

在活动中，我最喜欢的环节是老师组织的“自然观察笔记”。我们每个人找一棵自己喜欢的树，仔细观察树叶的形状、颜色和纹理，然后写下自己的感受。我的笔记里写着：“秋天的树叶像小小的画家，用红色、黄色和橙色绘制了最美的图画。”通过这样的练习，我不仅提高了观察能力，也感受到了自然的奇妙。

整个秋游过程中，我们和老师、同学们的互动非常温馨。午餐时，我们围坐在草地上分享带来的食物，小明还教大家用落叶做了小风铃，大家都学得很认真。老师在一旁微笑着，看着我们开开心心地玩耍，也让我们明白了友情和团队合作的重要性。

这次秋游不仅让我欣赏到了大自然的美景，也让我学会了观察和记录身边的事物，更加珍惜与同学们的友谊。秋天的森林，金色的阳光，欢声笑语，都会成为我记忆中最美好的画面。我希望每年秋天，都能和同学们一起去探险，发现自然的奇妙与快乐。

Autumn Forest Adventure

This October, our entire fourth-grade class went on an autumn outing to Green Forest Park in the suburbs, guided by our teacher. The weather was exceptionally sunny, and the sunlight filtered through the golden leaves, covering the ground with a golden carpet. Our teacher divided us into small groups so we could both observe nature and take notes or photos. My group included my three close friends: Xiaoming, Xiaohong, and me. Early in the morning, we gathered at the school gate, excitedly carrying water bottles and snacks, ready for this anticipated adventure.

As we entered the park, the first thing we saw was a forest of red and yellow maple trees. The breeze caused leaves to fall like snowflakes onto our shoulders and hair. Everyone couldn't help but pick up the leaves and compare who found the most

beautiful one. Xiaohong spotted a small orange squirrel, nimbly jumping between the branches, which made us all exclaim in surprise. We observed it carefully, trying not to disturb it. Our teacher told us that this was a unique autumn scene in the forest and reminded us to care for the wildlife.

Following the winding paths, we saw all kinds of plants and autumn fruits. The branches were laden with bright red persimmons, and the ground was scattered with yellow pumpkins. Everyone hurried to take photos, and funny moments occurred along the way: Xiaoming accidentally stepped on a slippery leaf and almost fell, making the entire class burst into laughter. We joked with each other, and the atmosphere was light and joyful.

My favorite activity was the "Nature Observation Notes" organized by our teacher. Each of us picked a tree we liked, observed the shape, color, and patterns of its leaves, and wrote down our feelings. In my notes, I wrote: "Autumn leaves are like little artists, painting the most beautiful pictures with red, yellow, and orange." This practice improved my observation skills and allowed me to appreciate the wonders of nature.

Throughout the trip, the interactions with classmates and our teacher were warm and pleasant. During lunch, we sat on the grass sharing our food. Xiaoming even taught everyone to make small wind chimes using leaves, and everyone practiced enthusiastically. Our teacher smiled as we happily played, helping us understand the importance of friendship and teamwork.

This autumn outing not only let me enjoy the beauty of nature but also taught me to observe and record the world around me and cherish my friends more. The autumn forest, golden sunlight, and laughter will remain the most beautiful memories. I hope every autumn, I can explore nature with my classmates and discover its wonders and joys.

田野里的秋游乐趣

上周五，我们四年级的同学们在班主任老师的带领下，前往郊区的田野进行秋游。这天阳光明媚，微风轻拂，空气中弥漫着泥土和稻谷的香味。早上七点半，我们在学校集合完毕，大家背着小书包，手里提着午餐，满心期待这次特别的秋游。

一踏入田野，就能看到金黄色的稻穗随风摇曳，像海浪一样起伏。老师让我们沿着小路慢慢走，一边观察秋天的作物，一边用画笔或者笔记记录我们看到的景象。我和小刚、小丽结伴，发现路边有几株菊花正在盛开，色彩鲜艳，香气扑鼻。小丽说，她要把这些菊花画在本子的封面上。我看着田野里的小路延伸向远方，心里有种宁静而舒畅的感觉。

我们在田野里玩了很多小游戏。比如捉迷藏和跳格子，大家笑声不断。小刚在跳格子的时候，踩到一块泥地滑了一跤，结果全班哄堂大笑，他自己也忍不住笑起来，手上的泥土都成了“战利品”。老师提醒我们注意安全，也趁机讲解了秋收时节农民的辛苦和收获的重要性。

午餐时间，我们在一片稻田旁的空地上铺开餐布，分享各自带来的食物。小红带了自己做的红薯饼，大家都说好吃得不得了。吃完饭后，老师组织我们进行“秋天观察比赛”，要求每个人写下自己看到的动植物并作简短介绍。我写了稻穗、菊花，还有田间的小蝴蝶，通过观察，我发现秋天的田野比平时更加生动有趣。

在活动中，我感受到了同学们之间浓浓的友情。大家互相帮助，互相提醒，甚至帮忙拍照留念。老师也时不时加入我们的游戏，和我们一起捉迷藏，让我们感到既快乐又亲近。通过这次秋游，我不仅看到了秋天的美景，也学会了关心他人和享受集体活动的乐趣。

归途中，我靠在车窗旁，看着窗外的夕阳染红了天空，心里充满了满足感。秋天的田野给了我丰富的知识和快乐，也让我明白，人与自然和同学之间的互动都是人生中珍贵的回忆。我希望以后每次秋游，都能像今天这样充满欢笑和收获。

Fun Autumn Outing in the Fields

Last Friday, our fourth-grade classmates went on an autumn outing to the countryside fields, led by our homeroom teacher. The sun was shining, and a gentle breeze blew, carrying the scent of soil and ripening rice. At 7:30 a.m., we gathered at the school, backpacks ready, holding our lunches, eagerly anticipating this special trip.

As soon as we stepped into the fields, golden rice stalks swayed with the wind like waves. Our teacher asked us to walk along the path slowly, observing the autumn crops while recording what we saw with notes or sketches. I walked with Xiaogang and Xiaoli and noticed some chrysanthemums blooming by the roadside, bright and fragrant. Xiaoli said she wanted to draw these chrysanthemums on the cover of her notebook. Looking at the winding path stretching into the distance, I felt calm and peaceful inside.

We played many games in the fields, such as hide-and-seek and hopscotch, laughing constantly. Xiaogang slipped on a patch of mud while playing hopscotch, and the whole class burst into laughter. He laughed along, with mud on his hands as “souvenirs.” Our teacher reminded us to stay safe and also used the opportunity to explain the hard work of farmers during the autumn harvest.

During lunch, we spread our picnic cloth on a clearing beside the rice fields and shared the food we brought. Xiaohong brought homemade sweet potato cakes, which everyone agreed were delicious. After lunch, the teacher organized an “Autumn

Observation Contest,” asking each of us to write down the plants and animals we saw with a brief description. I wrote about the rice, chrysanthemums, and the butterflies in the fields. Observing them made me realize how lively and interesting the autumn countryside is.

During the activities, I felt the strong friendship among classmates. Everyone helped each other, reminded one another, and even took photos together. The teacher occasionally joined our games, playing hide-and-seek with us, making us feel joyful and close. This outing not only allowed me to enjoy the beauty of autumn but also taught me to care for others and enjoy group activities.

On the way back, I leaned against the car window, watching the sunset turn the sky red, feeling satisfied. The autumn fields gave me rich knowledge and happiness, and I realized that interactions with nature and classmates are precious memories. I hope that every future autumn outing can be as joyful and rewarding as today.

湖边的秋天记忆

这周，我们四年级班进行了一次特别的秋游，目的地是城市附近的银湖公园。早晨，阳光明媚，天空湛蓝，老师带领我们乘坐校车出发，同学们个个兴奋得说个不停。到了湖边，清澈的湖水在阳光下闪闪发光，湖面微波荡漾，周围的树木染上了秋天的金黄色，仿佛整个世界都被秋天温暖地拥抱着。

湖边的活动非常丰富。我们先在草地上做了热身游戏，之后沿着湖边慢慢散步，观察湖中的鸭子和水草。小丽发现一群小鱼在水面上跳跃，大家都凑过去仔细观看。老师教我们如何画出湖面的波纹和湖边树木的倒影，我尝试着画了好几次，虽然不太完美，但心里很开心。小明还找来一根树枝，做了一个简易的钓鱼竿，虽然没钓到鱼，却让我们笑声不断。

午餐时间，我们坐在湖边的大石头上，分享带来的三明治和水果。吃完后，老师组织了一个“湖边观察日记”活动，要求我们写下湖边看到的动植物及自己的感受。我写下了湖水清澈、鸭子成群、枫叶飘落的景象，并写下我的感想：“湖边的秋天让我感到宁静，也让我明白了大自然的美丽和珍贵。”同学们也分享了他们的笔记，每个人的观察都独具特色，让我学到了很多。

在湖边，我们的互动充满趣味。小红和我比赛谁能找到最多形状特别的落叶，小刚不小心踩到湿滑的湖边泥地，结果摔了个小跤，大家都赶紧跑过去扶他，还开玩笑说他是“秋天探险家”。老师在一旁微笑着，提醒我们要注意安全，也鼓励我们勇于尝试新事物。

归途中，我坐在车上回想着今天的秋游，心中充满了感激。秋天的湖水、金色的树叶和欢笑的同学，构成了我记忆中最美的一幅画。这次秋游让我学会了观察自然、记录美好，也让我更加珍惜和同学们在一起的时光。我希望未来的每一次秋游，都能像今天一样充满乐趣与收获。

Autumn Memories by the Lake

This week, our fourth-grade class went on a special autumn outing to Silver Lake Park near the city. The morning was sunny, the sky was blue, and our teacher led us on the school bus, while everyone was chatting excitedly. At the lake, the clear water sparkled in the sunlight, small ripples danced on the surface, and the surrounding trees were dyed golden by autumn, as if the whole world were warmly embraced by the season.

The lakeside activities were abundant. We first did warm-up games on the grass, then took a leisurely walk along the lake, observing the ducks and water plants. Xiaoli noticed a group of small fish jumping on the water surface, and everyone gathered to watch carefully. Our teacher taught us how to draw the ripples on the lake and the reflection of trees by the shore. I tried several times; though not perfect, I felt very happy. Xiaoming even found a branch to make a simple fishing rod. Although he didn't catch any fish, it brought endless laughter to our group.

During lunch, we sat on large stones by the lake, sharing sandwiches and fruits. After eating, our teacher organized a "Lakeside Observation Journal" activity, asking us to write about the plants and animals we saw and our feelings. I wrote about the clear water, the flocks of ducks, and the falling maple leaves, adding my reflection: "Autumn by the lake makes me feel peaceful and teaches me the beauty and value of nature." Everyone shared their notes, each unique and insightful, which taught me a lot.

By the lake, our interactions were full of fun. Xiaohong and I competed to find the most uniquely shaped leaves, while Xiaogang accidentally stepped on the slippery lakeside mud and fell. Everyone rushed over to help him, joking that he was an "autumn explorer." Our teacher smiled, reminding us to be safe and encouraging us to try new things.

On the way back, I sat in the bus reflecting on the day, filled with gratitude. The autumn lake, golden leaves, and laughing classmates formed the most beautiful picture in my memory. This outing taught me to observe nature, record its beauty, and cherish the time with classmates. I hope every future autumn outing can be as joyful and rewarding as today.