

碎片化时代下的温儒敏阅读观

随着移动互联网的发展，现代人越来越依赖碎片化阅读，信息获取变得快速而零散。在这种背景下，温儒敏关于阅读本质的思考显得尤为重要。他强调，阅读不仅是表面的信息摄取，更是思想交流与自我塑造的过程。

温儒敏指出，深度阅读可以培养人的批判性思维和审美能力。这种阅读强调与文本的对话，需要耐心、集中和反复思考。而碎片化阅读虽然提高了信息接触频率，但容易导致理解浅薄和思维碎片化。因此，他提醒教育者和读者在享受数字阅读便利的同时，保持阅读的深度和系统性。

在教育实践中，温儒敏的理念具有现实指导意义。学校可以在课程中设计阅读任务，让学生既接触多样化信息，又有时间进行深入分析和思考。例如，教师可以引导学生阅读长篇小说作品、哲学著作，通过讨论和写作强化理解力。这样的教育方式可以缓解数字时代阅读碎片化带来的负面影响。

此外，温儒敏的阅读观与现代教育理念的差异也值得注意。现代教育强调技能训练和信息处理，而温儒敏更注重阅读作为人文修养和思想锻炼的功能。他的观点提醒我们，教育不仅是传授知识，更是塑造人的思维方式和价值观。

总的来看，温儒敏的阅读观为应对数字时代的教育挑战提供了可贵参考。在碎片化阅读盛行的今天，我们应平衡信息效率与思维深度，让阅读真正成为理解世界和自我成长的工具。

Wen Rumin's Reading Perspective in the Age of Fragmentation

With the development of mobile internet, modern people increasingly rely on fragmented reading, making information acquisition fast but scattered. In this context, Wen Rumin's reflection on the essence of reading is particularly significant. He emphasizes that reading is not merely surface-level information intake, but a process of intellectual exchange and self-formation.

Wen points out that deep reading cultivates critical thinking and aesthetic sensibility. This type of reading involves dialogue with the text, requiring patience, focus, and repeated reflection. Fragmented reading, although increasing the frequency of information exposure, often results in shallow understanding and fragmented thinking. Therefore, he reminds educators and readers to maintain depth and systematicity in reading while enjoying the convenience of digital reading.

In educational practice, Wen's philosophy offers practical guidance. Schools can design reading tasks that allow students to encounter diverse information while having time for deep analysis and reflection. For example, teachers can guide students to read long-form literary works or philosophical texts, reinforcing comprehension through discussion and writing. Such educational methods can mitigate

the negative impacts of fragmented reading in the digital age.

Furthermore, Wen's reading perspective differs from contemporary educational trends. Modern education emphasizes skill training and information processing, while Wen focuses on reading as a means of humanistic cultivation and intellectual exercise. His view reminds us that education is not just about knowledge transfer but also about shaping thought patterns and values.

Overall, Wen Rumin's reading perspective provides valuable insights for addressing educational challenges in the digital age. Amid the prevalence of fragmented reading, we should balance information efficiency with depth of thought, making reading truly a tool for understanding the world and personal growth.