# 你给予我的方向

人一生会走过很多路，但真正决定方向的，往往不是那几次壮烈的选择，而是那些在迷茫时悄然出现的提醒。对我来说，你正是那个在我人生岔口处给我指明方向的人。

初中的我性格内向，又常因自我怀疑而退缩。那年学校组织演讲比赛，班主任点名让我参加，我当场就慌了。回家后一心想找借口逃避，却被你一句话堵住了：“试一试，你比自己想象的更有力量。”那是我第一次意识到，你比我更了解我的潜力。

准备的过程很艰难，我常常练着练着就想放弃。你却从未替我承担任务，只是在每一个我想逃跑的瞬间，用一句“我在这儿”稳住我。比赛那天我紧张得手心冒汗，是你轻轻拍了拍我的肩膀，说：“去吧，把你自己说清楚就好了。”结果我获得了年级三等奖，而更重要的是，我第一次真正相信自己。

你的影响并不止于一次比赛。后来我面临人生的大选择——选文还是选理？那时我陷入自我怀疑，害怕选错未来。你没有替我决定，只是认真地听我分析，最后淡淡地说：“你的人生是你走的，只要你愿意承担，任何选择都可以走出精彩。”那一刻我终于明白，你不是要我成功，而是希望我拥有面对未来的勇气。

亲情带给我的，是一种深入骨髓的安全感。正因为知道你永远站在我身后，我才敢选择自己真正想走的路。我学会了在犹豫时思考，在害怕时坚持，在失败时继续往前。这些能力并不是书本给的，而是从你给我的鼓励里长出来的。

如今我回头看，每一步成长都离不开你的影子。你在我心中，是一盏不急不躁的灯，不会推我奔跑，却始终照亮前方。若没有你，我也许会在徘徊中失去方向；有了你，我学会了坚定地走下去。

# The Direction You Gave Me

In life, we walk many paths, but the ones that truly determine our direction rarely come from grand decisions. More often, they come from quiet reminders given in moments of confusion. For me, you are the person who has guided me through those crossroads.

In middle school, I was introverted and often doubted myself. When my teacher selected me for a speech competition, I panicked. I wanted to escape, to make excuses, but you stopped me with one sentence: “Try it. You’re stronger than you think.” That was the first time I realized you saw my potential more clearly than I did.

The preparation process was difficult, and I wanted to give up countless times. You never did the work for me; you simply stayed beside me whenever I felt like running away. On the day of the competition, my palms were sweating from nerves. You placed your hand on my shoulder and said, “Go on. Just express yourself clearly.” I ended up winning third place, but more importantly, I believed in myself for the first time.

Your influence didn’t end there. Years later, when I had to choose between humanities and science, I was overwhelmed by the fear of choosing the wrong path. You didn’t decide for me. You listened to my thoughts carefully and then said, “It’s your life. As long as you’re willing to take responsibility, any path can be wonderful.” At that moment, I understood that your wish was not for me to succeed, but for me to be brave.

Family gives us a sense of security that sinks into our bones. Knowing you were always behind me gave me the courage to pursue what I truly wanted. I learned to think when hesitant, to persist when afraid, and to move forward even after failing. These abilities didn’t come from books—they grew from your quiet encouragement.

Looking back now, every step of my growth carries your shadow. You are like a steady light in my heart—never forcing me to run, but always illuminating the road ahead. Without you, I might have lost my way in hesitation; with you, I learned to walk forward with confidence.