# 早晨的温暖时光

今天早上，我像往常一样早早醒来，阳光透过窗帘洒在我的书桌上。我揉了揉惺忪的睡眼，听到厨房里传来了锅碗瓢盆的声音。原来是妈妈在准备早餐。香喷喷的面包和热气腾腾的豆浆让我立刻感到一股温暖。

我走到厨房，看到妈妈穿着围裙，微笑着忙碌着。她问我昨晚做作业累不累，我点了点头。妈妈笑着把刚煎好的鸡蛋递给我，那一刻我感到特别幸福。吃早餐的时候，我们聊了今天学校的安排和我最近的兴趣班，妈妈总是耐心地听我说，即使她很忙也不显得不耐烦。

吃完早餐后，妈妈提醒我穿好外套，我小心翼翼地系好鞋带，她帮我整理书包。那一刻，我觉得自己长大了一点点，也更明白妈妈每天付出的辛苦和关心。

走出家门，我挥了挥手，心里充满了温暖和感激。我想，虽然日子平凡，但这些细小的日常才是最真实的幸福。

今天的早晨让我明白，家人的陪伴就是生活中最温暖的力量，我们不需要做什么特别的事情，只要在一起，就足够了。

# Warm Moments in the Morning

This morning, I woke up early as usual, sunlight streaming through the curtains onto my desk. I rubbed my sleepy eyes and heard the clattering of pots and pans from the kitchen. Mom was preparing breakfast. The smell of freshly toasted bread and steaming soy milk instantly made me feel warm inside.

I walked into the kitchen and saw Mom wearing an apron, smiling while busy with breakfast. She asked if I was tired from doing homework last night, and I nodded. Mom handed me a freshly fried egg, and at that moment, I felt extremely happy. During breakfast, we talked about today's school schedule and my recent interest classes. Mom always listens patiently, even when she is busy.

After breakfast, Mom reminded me to put on my jacket. I carefully tied my shoes, and she helped me organize my schoolbag. At that moment, I felt a little more grown-up and understood more of Mom's daily effort and care.

As I left home, I waved goodbye, feeling full of warmth and gratitude. I realized that although life is ordinary, these small daily moments are the truest happiness.

This morning made me understand that family’s companionship is the warmest power in life. We don’t need to do anything special; just being together is enough.