# 深夜的守护

2025年12月1日

昨晚，我发高烧，整个人无力得连起床都困难。母亲在旁边不停地给我量体温、喂药，还用湿毛巾为我降温。她的眼神里满是担忧，却又充满力量，让我觉得自己不是孤单一人。夜深人静时，母亲握着我的手，轻声说：“别怕，有妈妈在。”那一刻，我的眼泪不自觉地流了下来，心里涌动着难以言喻的温暖和感激。

随着体温慢慢下降，我也渐渐清醒过来，开始回忆刚刚的情景，心中涌现出对母亲深深的感激。平时的忙碌和争吵仿佛在这一夜都消失了，只剩下纯粹的亲情。那种被照顾、被理解、被无条件包容的感觉让我意识到，亲情是世界上最踏实的力量。

在那一刻，我明白了父母无言的付出有多么伟大，也懂得了珍惜身边人的重要性。亲情不是轰轰烈烈的承诺，而是平凡日常中一点一滴的陪伴和关心。我想，这份温暖会一直留在我的记忆里，成为我面对未来风雨时最坚定的力量。

# Midnight Care

December 1, 2025

Last night, I had a high fever and was so weak that I could barely get out of bed. My mother stayed by my side, constantly checking my temperature, giving me medicine, and using a wet towel to cool me down. Her eyes were filled with worry but also strength, making me feel I was not alone. In the quiet of the night, she held my hand and softly said, 'Don't be afraid, mom is here.' At that moment, tears came to my eyes, and I felt an indescribable warmth and gratitude.

As my temperature gradually dropped, I became more awake and reflected on what had just happened, overwhelmed with deep appreciation for my mother. The usual busyness and arguments seemed to disappear in that night, leaving only pure familial love. Being cared for, understood, and unconditionally accepted made me realize that family is the most steadfast strength in the world.

At that moment, I understood the greatness of my parents’ silent devotion and learned the importance of cherishing those around me. Family love is not a grand promise but a series of small, everyday acts of care and presence. I believe this warmth will always remain in my memory, becoming my strongest support in facing the storms of life.