

八十一难怎么读出立意：三个难点归类，再接自己的放弃

六年级写八十一难的启示，不能停在又打了一个妖怪的层面。立意要从情节里提炼出来，三步可以走完。

第一步，给难点归类。火焰山是硬难关，烧不透的山，要借扇、要斗牛魔王，靠力量和办法硬闯。女儿国是软难关，没有妖怪，国王一片真心留唐僧取经，走不动的是人情。通天河是回头难，取经回来又遇最后一难，经书落水被湿，躲了一路也没躲完。三个难点一类靠力气，一类靠定力，一类告诉你难不会一次走完。

第二步，找共同点，提炼立意。三类难有一个共同处：每一难都没法绕，只能走过去。硬难关打过去，软难关守过去，回头难补过去。立意就出来了：难是取经的本体，八十一难不是孙悟空的麻烦，是取经本身。

第三步，接自己的经历。学琴学到第五年想放弃，练到肖邦那段总卡住，琴凳坐上去像坐进火焰山；同学都在外面玩，心里那个想走的念头就是女儿国；眼看考级前一周手又拉伤，这就是通天河的最后一难。三个难点在自己身上都有对应，议论就有了根。

反思段这样收：我以前以为坚持是咬牙硬撑，现在明白坚持是分类型的——硬难关找办法，软难关守住心，回头难不怨天。八十一难走完的秘诀不是神通，是每一难都不跳过。

这个三步法也适用于其他书：先归类情节，再找共同点，最后接自己的事。立意是读出来的，不是贴上去的。

How to Read a Theme Out of Eighty-One Trials: Group Three Hardships, Then Connect Your Own Giving Up

When sixth graders write about the lesson of the eighty-one trials, they must not stop at another demon was defeated. The theme has to be refined out of the plot, and three steps can finish the job.

Step one is to sort the hardships into types. Flaming Mountain is a hard trial: a burning mountain that cannot be crossed without the banana fan and a fight with the Bull Demon King, broken through by strength and strategy. The Women's Kingdom is a soft trial: no demon at all, only a queen sincerely asking the monk to stay, and what slows the feet is human feeling. The Heaven River is a backward trial: on the way home with the scriptures, the last trial strikes anyway, the scriptures fall into the water and are soaked, and a hardship avoided all along was not avoided after all. The three types: one needs force, one needs self-control, one tells you trials do not end just because the journey is nearly done.

Step two is to find the common ground and refine the theme. All three types share one thing: none can be bypassed, only walked through. The hard trial is fought

through, the soft trial is guarded through, the backward trial is finished through. The theme appears: trials are the substance of the journey; the eighty-one hardships are not Sun Wukong's trouble, they are the journey itself.

Step three is to connect your own experience. Five years of piano and wanting to quit, stuck again and again in the Chopin piece, sitting on the bench like sitting into Flaming Mountain; classmates playing outside while the wish to leave whispers in the heart, that is the Women's Kingdom; one week before the exam the wrist is injured again, that is the last trial at the Heaven River. When all three trial types have counterparts in your own life, the argument has roots.

Close with reflection like this: I used to think perseverance meant gritting teeth and enduring; now I understand perseverance has types, find a method for hard trials, guard the heart against soft trials, and do not curse heaven for backward ones. The secret of finishing eighty-one trials is not magic, it is never skipping a single trial.

This three-step method works on other books too: sort the plot first, find the common ground, then connect your own life. A theme is read out, not pasted on.