

感恩主题班会策划书怎么写：目标、流程、分工、物资四步

一节感恩师恩的主题班会，策划书写得能不能落地，全看目标、流程、分工、物资四块写得够不够细。下面按写策划书的顺序讲每个部分怎么写。

活动目标写三条就够，每条一句话，可检验。第一条写认知，比如让学生说出老师为自己做过的三件具体的事；第二条写表达，每人亲手写一张贺卡并送出去；第三条写班级氛围，班会后一周内值日迟到次数下降。别写培养感恩情怀这种没法检验的话。

流程是策划书的骨架，40分钟一节课按分钟排。开场5分钟，主持人讲班会主题，不放长视频；学生故事分享15分钟，提前安排4名学生各讲2分钟，讲自己与老师之间的一件真事；诗歌朗诵10分钟，2到4名学生朗诵一首短诗，提前一周排练；赠送手写贺卡8分钟，全班把课前写好的贺卡送给任课老师，被邀请的老师进教室接受；班主任总结2分钟。每个环节后面标注负责人和所需时间，时间加起来不超过一节课。

分工表用一行一人。班长任总负责，处理现场突发；学习委员收集贺卡并保管；宣传委员写黑板、画板书、拍照；文艺委员负责朗诵排练和配乐；体育委员搬桌椅、布置场地。每人后面写清交付物，比如宣传委员的交付物是班会照片不少于10张。

物资清单按数量写。卡纸44张、彩笔4盒、信封44个、胶带2卷、朗诵稿打印4份、备用话筒电池2节、相机或手机1台。贺卡在班会前三天的语文课上统一写，避免当天现写来不及。邀请任课老师由学习委员提前两天送手写邀请函，别只在微信群里说一声。

最后加一条预案：老师临时来不了怎么办，准备由科代表转交贺卡并录像；朗诵学生怯场怎么办，安排两人一组轮流上。预案写两条，班会当天就不慌。

How to Write a Gratitude Class Meeting Plan: Objectives, Procedure, Roles, Supplies

Whether a gratitude class meeting plan can actually be carried out depends on how detailed its four blocks are: objectives, procedure, roles, and supplies. Here is how to write each part, in the order of drafting.

Three objectives are enough, one sentence each, and each must be checkable. The first is cognitive: students can name three specific things their teachers have done for them. The second is expression: every student writes and gives away a handmade card. The third is class atmosphere: within one week after the meeting, the number of late duty shifts drops. Do not write untestable lines like cultivating a spirit of gratitude.

The procedure is the skeleton. For a 40-minute period, schedule by the minute. Opening, 5 minutes: the host introduces the theme, no long videos. Student story

sharing, 15 minutes: four students arranged in advance speak two minutes each about a real event with a teacher. Poetry recitation, 10 minutes: two to four students recite a short poem, rehearsed a week ahead. Card giving, 8 minutes: the whole class presents cards written before class to the subject teachers invited into the room. Homeroom teacher's summary, 2 minutes. Mark each segment with its person in charge and duration; the total must fit one period.

The role table is one line per person. The class monitor is overall in charge and handles surprises; the study commissary collects and keeps the cards; the publicity commissary writes the blackboard, draws the layout, and takes photos; the arts commissary runs the recitation rehearsal and background music; the sports commissary moves desks and sets up the room. Write a deliverable after each name, for example: the publicity commissary delivers at least ten photos.

List supplies with quantities: 44 sheets of card stock, 4 boxes of colored pens, 44 envelopes, 2 rolls of tape, 4 printed recitation scripts, 2 spare microphone batteries, 1 camera or phone. Cards are written together in the Chinese class three days before the meeting, so there is no rush on the day. Invite subject teachers by having the study commissary deliver handwritten invitations two days ahead, not just a message in the class group chat.

Add one contingency line at the end. If a teacher cannot come, class representatives deliver the cards in person and record a video; if a reciter freezes on stage, pair students to take turns. Two contingencies written down, and the day stays calm.

感恩师恩主题班会策划书完整示例与点评

下面是一份完整的感恩师恩主题班会策划书示例，班级按44人、一节课40分钟设计，三个必选环节齐全，之后点评它可复用的地方。

活动主题：我的老师，感恩师恩。时间：教师节前一周的班会课。地点：本班教室。参加人：全班44人、班主任、被邀请的语文数学英语三位任课老师。

活动目标：一，学生能说出老师为自己做过的具体一件事；二，44张手写贺卡全部送出；三，班会后一周班级迟到记录为零。

活动流程：18:00-18:05 主持人开场，说明主题，介绍到场老师。18:05-18:20 故事分享，四名同学依次上台，每人两分钟，题目是我与老师的一件小事，稿件提前两天交学习委员审。18:20-18:30 诗歌朗诵，两名同学配乐朗诵自写短诗老师的粉笔，文艺委员负责伴奏。18:30-18:38 赠送贺卡，三位老师进教室站成一排，全班按小组依次上前双手递卡并说一句

感谢的话。18:38-18:40 班主任总结，布置课后任务：把贺卡上最想对老师说的一句话抄给家长看。

分工：班长总负责；学习委员收贺卡、发邀请函；宣传委员出黑板报、拍照；文艺委员排朗诵、放音乐；体育委员摆桌椅、借话筒；各组组长管本组纪律。

物资：卡纸44张、彩笔4盒、信封44个、邀请函4张、朗诵稿2份、话筒1个、电池2节、手机支架1个。贺卡在三天前语文课完成，邀请函两天前送达。

预案：老师冲突不到场，由科代表转交贺卡并录视频反馈；朗诵出错，文艺委员接背景音乐顶场，两人补位。

点评这份策划书。可复用的点有四个。一是时间写到分钟，18:00到18:40总时长正好一节课，每个环节有起止点，现场不会拖堂。二是三个必选环节都有硬指标：故事分享固定四人各两分钟、稿件提前交审；朗诵固定两人配自写诗；贺卡44张全部送出且双手递加一句话，环节不是走过场。三是分工带职责不带口号，学习委员连邀请函都归他，责任不悬空。四是物资与环节一一对应，贺卡对应赠送环节、电池对应话筒，缺一样当天就卡住。

需要按自己班改的地方：人数、时间、到场老师数量；故事分享的人选要提前动员，别现场抓人；自写诗如果写不了，换成课本里的短诗。策划书末尾让班主任签字确认，物资费用超过五十元先报家委会。

A Complete Sample Plan for a Teacher Gratitude Class Meeting, With Commentary

Below is a complete sample plan for a gratitude class meeting, designed for a class of 44 in one 40-minute period, with all three required segments, followed on what is reusable.

Theme: My Teachers, Thank You. Time: the class meeting period one week before Teacher's Day. Place: our classroom. Attendees: all 44 students, the homeroom teacher, and the invited Chinese, math, and English teachers.

Objectives: one, each student can name one specific thing a teacher did for them; two, all 44 handwritten cards are given away; three, zero late records in the class for one week after the meeting.

Procedure: 18:00-18:05 the host opens, states the theme, introduces the teachers present. 18:05-18:20 story sharing, four students speak two minutes each on the topic A Small Thing Between Me and a Teacher, scripts submitted to the study commissary two days early. 18:20-18:30 poetry recitation, two students recite our own short poem The Teacher's Chalk with music, arranged by the arts commissary. 18:30-18:38 card giving,

the three teachers stand in a row, and each group comes up in turn to hand over cards with both hands and say one line of thanks. 18:38-18:40 the homeroom teacher summarizes and assigns homework: show the sentence you most want to say to your teacher to your parents.

Roles: class monitor in overall charge; study commissary collects cards and delivers invitations; publicity commissary does the blackboard and photos; arts commissary runs the recitation and music; sports commissary arranges desks and borrows the microphone; group leaders keep their groups orderly.

Supplies: 44 card stock sheets, 4 pen boxes, 44 envelopes, 4 invitations, 2 recitation scripts, 1 microphone, 2 batteries, 1 phone stand. Cards finished in Chinese class three days prior; invitations delivered two days prior.

Contingencies: if a teacher has a conflict, class representatives hand over the card and record a video; if the recitation stumbles, the arts commissary covers with music and two standbys step in.

Commentary. Four reusable points. First, time is written to the minute: 18:00 to 18:40 fits exactly one period, every segment has start and end points, no overrun. Second, the three required segments carry hard numbers: four speakers at two minutes with scripts pre-checked; two reciters with a self-written poem; 44 cards all delivered with both hands plus one spoken line – the segments are not perfunctory. Third, roles list duties, not slogans; even the invitations belong to the study commissary, so nothing floats without an owner. Fourth, supplies map one-to-one to segments: cards to the giving segment, batteries to the microphone; miss one item and the day jams.

Things to change for your own class: headcount, times, number of invited teachers; story speakers must be recruited in advance, never ambushed on stage; if students cannot write their own poem, use a short poem from the textbook. Have the homeroom teacher sign the plan, and report any supply cost over fifty yuan to the parents' committee first.

感恩主题班会策划的七个常见误区与改法

班会策划书写得热闹、现场演砸，多半是策划阶段埋了雷。以下七个常见误区，附改法。

误区一：目标写成口号。感恩老师、升华情感当目标，班会结束没法检验。改成可数的指标：送出多少张贺卡、多少名学生上台、会后一周迟到几次。

误区二：环节堆太多。40分钟塞七个环节，每个都五分钟，故事分享刚讲完就切下一个，全

场赶场。保留三个主环节加开场总结，其余砍掉，宁可环节少而完整。

误区三：故事分享现场抓人。主持人问谁愿意讲讲，台下低头，冷场半分钟。提前一周动员四名学生，稿件提前两天交学习委员过一遍，上台只带提纲不带全文。

误区四：贺卡当天现写。发下卡纸才开始写，写不完、送不完，环节超时。贺卡提前三天在课上写完装进信封，班会只做赠送。

误区五：朗诵选长诗。选二十行的长诗，学生背不下来，台上忘词。选八到十二行的短诗，提前一周排练三次，忘词预案是两人一组可接读。

误区六：不邀请任课老师。班会只对着班主任说感谢，数学英语老师不知情，错过被感谢的机会。提前两天送手写邀请函，到场几位就设计几位接受贺卡。

误区七：分工只写班委名字。宣传委员一个人出黑板报、拍照、管话筒，现场分身乏术。一人一行写清交付物，拍照、出板、设备拆给三个人。

改完这七条，再自查一遍：每个环节有没有负责人、有没有起止时间、有没有备用方案；物资清单里每一项能不能在班会前一天备齐。三样都齐，策划书才算能落地。

最后一个细节：班会结束当天，把照片和贺卡内容整理发到班级群，任课老师能看到反馈，感恩才从教室里延伸出去。这一步写进分工表，归宣传委员，当天完成。

Seven Common Mistakes in Planning a Gratitude Class Meeting and How to Fix Them

A class meeting plan that reads well but flops on stage usually had landmines planted at the planning stage. Here are seven common mistakes with fixes.

Mistake one: objectives written as slogans. Thank teachers, elevate emotions cannot be checked after the meeting. Replace them with countable targets: how many cards given, how many students spoke, how many late arrivals in the following week.

Mistake two: too many segments. Seven segments crammed into 40 minutes, five minutes each; the story sharing barely lands before the next one starts, and the whole meeting feels rushed. Keep three main segments plus opening and summary, cut the rest – fewer segments done completely beat many done halfway.

Mistake three: ambushing story speakers on stage. The host asks who would like to share, the class looks down, half a minute of silence. Recruit four students a week ahead, have scripts submitted to the study commissary two days early, and let speakers bring an outline, not the full text.

Mistake four: writing cards on the day. Students start writing only after the

paper is handed out; cards go unfinished and undelivered, the segment runs over. Cards are written and sealed in class three days earlier; the meeting is only for giving.

Mistake five: choosing a long poem for recitation. A twenty-line poem the students cannot memorize leads to blanking on stage. Choose a short poem of eight to twelve lines, rehearse three times in a week, and pair reciters so one can pick up if the other stalls.

Mistake six: not inviting subject teachers. The meeting thanks only the homeroom teacher; math and English teachers never hear about it and miss being thanked. Deliver handwritten invitations two days ahead, and design the receiving line around whoever actually attends.

Mistake seven: roles listing only committee names. One publicity commissary does the blackboard, photos, and the microphone at once, and is everywhere and nowhere. One line per person with a deliverable: split photos, blackboard, and equipment among three people.

After fixing these seven, self-check once more: does every segment have a person in charge, start and end times, and a backup; can every item on the supply list be ready the day before. All three present, and the plan can actually run.

One last detail: on the day the meeting ends, post the photos and card contents to the class group chat so the subject teachers see the feedback - gratitude then extends beyond the classroom. Write this step into the role table under the publicity commissary, done the same day.