

看日出日记的五个常见错误，附改正方法

批改过几十篇看日出的日记后，发现错误高度重复。下面五个坑几乎人人踩过，每个都附病句和改法。

错误一：流水账。病句：五点起床，六点出发，七点到山顶，七点半看日出，八点回家。全篇只有时间没有内容，像值日记录。改法：四个时间点里挑一个重点写，其余一笔带过。重点段至少写五行，包含颜色、形状、光线中至少两种变化。其余时间可以合并成一句：我们骑着车，天亮之前赶到了山顶。

错误二：用大词代替画面。病句：日出真美啊，五彩缤纷，绚丽夺目。三个成语堆在一起，读者什么也看不见。改法：做一个填空：天空的颜色从____变成____，像____。填出来的句子才是日记。比如从深蓝变成灰蓝，灰蓝里渗出橘色，像洗笔的水里洇开了颜料。

错误三：时间跳步。病句：天还是黑的。太阳出来了。中间发生了什么完全空白。改法：补一个过渡段，写从黑到红的过程：先是东边最亮的地方泛白，然后白色里透出浅蓝，浅蓝下面慢慢染上一层橘色。这个过程至少值得三行，因为它是日出日记最值钱的部分。

错误四：漏掉日记格式。有的日记直接从今天我去看日出开头，没有日期、星期、天气。改法：第一行固定写年月日、星期、天气，天气要写实际的，凌晨多云就写多云，别为了好看写晴。正文从第二行开始，开头不要写今天我很开心，直接从闹钟响了或者我们出门了写起。

错误五：感受空喊。病句：啊，大自然真伟大！我爱这美丽的日出！感叹号越多越空。改法：感受只写一句，并且写变化而不是喊口号。比如：回去的路上我困得在车后座睡着了，但梦里全是那个跳出来的圆球。或者：以前只在课文里读日出，这次我自己看见了，课文里的句子忽然都变清楚了。

自查顺序建议：先查格式，再查有没有跳步，然后数重点段行数，最后删感叹号。按这个顺序改一遍，一篇一百字的流水账通常能变成四百字左右的合格观察日记。

Five Common Mistakes in Sunrise Diaries, with Fixes

After marking dozens of sunrise diaries, I found the mistakes repeat themselves. The five traps below are almost universal, each with a typical sick sentence and a fix.

Mistake one: a running account. Sick sentence: up at five, off at six, arrived at the summit at seven, watched the sunrise at seven thirty, home at eight. Times only, no content, like a duty roster. Fix: pick one of the four time points to write in detail and let the rest pass in one stroke. The key paragraph needs at least five lines, covering at least two of color, shape, and light. The other times can merge into one sentence: we rode our bikes and reached the summit before dawn.

Mistake two: big words instead of pictures. Sick sentence: the sunrise was so

beautiful, colorful and dazzling. Three idioms stacked, and the reader sees nothing. Fix: fill in this blank: the sky changed from ____ to ____, like _____. The filled sentence is the diary. For example: from deep blue to grayish blue, with orange seeping through, like pigment spreading in the water used to rinse a brush.

Mistake three: jumping over time. Sick sentence: it was still dark. The sun came out. What happened in between is blank. Fix: add a bridge paragraph for the change from dark to red: first the brightest spot in the east turned pale, then pale blue showed through the white, and a layer of orange slowly dyed the underside of the blue. This process deserves at least three lines, because it is the most valuable part of a sunrise diary.

Mistake four: missing diary format. Some diaries start straight with 'today I went to watch the sunrise', with no date, weekday, or weather. Fix: the first line always carries the date, weekday, and weather; write the actual weather, cloudy if it was cloudy at dawn, not sunny just to look nice. The body starts on the second line, and it should open with the alarm ringing or us leaving home, not with 'today I was so happy'.

Mistake five: shouting feelings. Sick sentence: ah, how great nature is! I love this beautiful sunrise! The more exclamation marks, the emptier it gets. Fix: write one sentence of feeling, and write a change rather than a slogan. For example: on the way back I fell asleep in the back seat, but my dreams were full of that jumping ball. Or: I had only read about sunrises in textbooks; this time I saw one myself, and suddenly every sentence in the textbook became clear.

Suggested self-check order: check the format first, then look for time jumps, then count the lines of the key paragraph, and finally delete exclamation marks. One pass in this order usually turns a hundred-character running account into a proper observation diary of around four hundred characters.