

家长发言稿怎么搭：一次家庭约定、孩子的变化、家长的期望

家长会发言最容易犯的错是讲道理。别的家长听你发言，想听的是你家具体做了什么。发言稿按三块搭：一次家庭约定、孩子的变化、家长的期望。

第一块，家庭约定要选签了字的那种，不是口头叮嘱。可以写：孩子四年级时我们定了个约定，他每周自己记两次作业，我负责不催；他连续四周做到，周末多两小时自由时间，做不到就取消。写的时候交代三要素：约定怎么定出来的（全家商量还是孩子提议）、写在哪儿（贴在冰箱上还是记在家庭群里）、违约了怎么处理。有违约处理，约定才是真的，只写奖励的约定像广告。

第二块，孩子的变化不写他变得很诚实，写两三个具体节点。第一个节点写他第一次主动认账：打翻了牛奶没藏抹布，自己拿拖把拖了，还说了句是我碰的。第二个节点写他开始监督大人：我答应周六带他去图书馆，那周临时加班，他没说闹，把日历翻到我那页，指着补班两个字问我怎么办。第三个节点写他在外人的选择：同学让他帮忙藏试卷，他说不行，你可以跟老师说没带，但不能骗老师。三个节点从家内到家外，变化就有轨迹。每个节点只写事，写完后全篇统一加一句感受，别每个节点后面都跟一句我很欣慰。

第三块，期望要小。别写希望孩子成为诚实守信的人，写我希望他以后跟同学合作小组作业时，答应负责的板块按时交；借同学的笔记当天还。期望落到具体场景，老师听了会觉得这个家长明白事理。

语气要点：开头称呼各位老师、各位家长；全程用我们家、我孩子这种平实称呼，不用犬子、小女；讲自己家的约定时可以带一句这个办法不一定适合每家，给别人留台阶。字数分配按六百字：称呼开场六十，约定二百二，变化二百二，期望八十，致谢四十。发言三分钟以内，宁短勿长，家长会的发言超时最招烦。

排练一遍：用手机录音听回放，凡是出现诚信是做人的根本这类句子，删掉或换成具体事。发言时脱稿更好，只带一张写了三块要点的纸条。

Building a Parents'-Meeting Speech: One Family Agreement, One Change in the Child, One Parental Wish

The commonest mistake in a parents'-meeting speech is preaching. Other parents want to hear what your family actually did. Build the speech in three blocks: one family agreement, one change in the child, one parental wish.

Block one: choose an agreement that was actually written down, not a verbal reminder. For example: when our son was in fourth grade we made a deal - he would record his homework twice a week on his own, and I would not nag; if he kept it up for four straight weeks, he earned two extra hours of free time on weekends; if he missed it, the perk was canceled. When writing it, give the three elements: how the agreement was made (family discussion or the child's proposal), where it was written

(on the fridge or in the family group chat), and what happened when someone broke it. An agreement with a consequence is real; one with only rewards reads like an advertisement.

Block two: do not write my child became honest; write two or three concrete moments. The first: he owned up on his own for the first time – he knocked over the milk, did not hide the rag, fetched the mop himself and said, I did that. The second: he started supervising the adults. I promised to take him to the library on Saturday, but I got a sudden overtime shift that week. He did not throw a fit; he flipped the calendar to my page, pointed at the two characters for make-up shift and asked me what we should do about it. The third: a choice among outsiders – a classmate asked him to help hide a test paper, and he said no, you can tell the teacher you forgot it, but you cannot lie to the teacher. The three moments move from inside the home to outside it, so the change has a track. Write only the events for each moment, and add one feeling sentence once for the whole speech instead of a proud-parent line after every moment.

Block three: keep the wish small. Do not write I hope my child becomes an honest person; write I hope that when he does group homework with classmates, he hands in the part he promised on time, and returns borrowed notes the same day. A wish tied to a concrete scene tells the teacher this parent understands the matter.

Tone points: open by addressing the teachers and the parents; use plain words like our family and my child, not archaic humble forms; when describing your own agreement, add a line that this method may not suit every family, which leaves others room. For six hundred characters: sixty for the greeting, two hundred and twenty for the agreement, two hundred and twenty for the changes, eighty for the wish, forty for thanks. Keep the speech under three minutes; going over time is the fastest way to annoy the room.

Rehearse once: record on the phone and listen back; delete every sentence that sounds like honesty is the foundation of being human, or replace it with a concrete event. Speaking without a script works better – bring only one slip with the three block points on it.