

读后感最常见的五个毛病与自查清单

批改学游泳主题的读后感，最常见的毛病有五个。对照着自查，比重新学写法更快。

毛病一：复述全文。表现是引段占了全文一半，从作者报名写到比赛获奖。识别方法：数一数引段讲了几个情节，超过一个就是复述。改正：只留最有动作感的那一个情节，其余删掉，删下来的字数挪给联段。

毛病二：感悟喊口号。表现是结尾出现学习精神、永不放弃这类大词，前面却没有铺垫。识别方法：把结尾句单独读一遍，问这句话能不能套在任何一篇文章上，能套就是口号。改正：换成只和这篇文章、这段经历有关的一句话，比如写憋气从三秒到十秒的变化。

毛病三：自己的经历缺席。表现是全文都在讲书里的人，找不到我字开头的段落。识别方法：通读全文，数我字出现次数，个位数说明联段太薄。改正：补一段自己的学游泳经历，按地点、动作、结果三样写，哪怕只写一次练漂也能用。

毛病四：经历与原文两张皮。表现是引段写作者的恐惧，联段写自己觉得游泳好玩，两边对不上。识别方法：把引段和联段各读一遍，看两段说的是不是同一类感受或同一个动作。改正：要么换选情节，挑和自身经历相近的；要么在联段里加一句对照，把自己和文中人物放在同一件事上比。

毛病五：四步比例失衡。表现是议段写了三段，联段只有两行。识别方法：按引议联结四段数行数，联段行数应是最多的。改正：议段砍到两三行，把多出的空间给联段补细节。

写完对照这张清单：引段只有一个情节吗？议段说清了为什么打动我吗？联段有地点、动作、结果吗？引段和联段呼应了吗？结尾是能套万文的口号吗？五问全过，这篇读后感就合格了。

Five Common Mistakes in Reading Responses and a Self-Check List

When grading reading responses on swimming-themed articles, five mistakes show up most often. Checking against them is faster than relearning the method.

Mistake one: retelling the whole article. The quote paragraph takes up half the piece, running from the author signing up to winning a medal. How to spot it: count the scenes in the quote paragraph; more than one means retelling. The fix: keep only the scene with the strongest action, delete the rest, and move the freed words into the connection paragraph.

Mistake two: slogan conclusions. The ending contains grand phrases like spirit of learning or never giving up, with no setup before them. How to spot it: read the final sentence alone and ask whether it could fit any article. If it fits everything, it is a slogan. The fix: replace it with a line tied only to this article and this experience, such as the change in breath-holding from three seconds to ten.

Mistake three: your own experience is missing. The whole piece talks about the person in the book, and no paragraph starts with I. How to spot it: read through and count how many times I appears; a single-digit count means the connection paragraph is too thin. The fix: add a paragraph about your own swimming lesson, written with place, action, and result. Even one floating practice will do.

Mistake four: the experience and the article do not connect. The quote paragraph describes the author's fear, while the connection paragraph says you thought swimming was fun, and the two sides never meet. How to spot it: read the quote and connection paragraphs and check whether they discuss the same kind of feeling or the same action. The fix: either choose a different scene closer to your experience, or add one comparison sentence in the connection paragraph placing yourself and the character in the same situation.

Mistake five: the four steps are out of proportion. The reflection runs three paragraphs while the connection has only two lines. How to spot it: count the lines of each of the four paragraphs; the connection should have the most. The fix: cut the reflection down to two or three lines and give the space to details in the connection.

After writing, check this list: Does the quote hold only one scene? Does the reflection explain why the scene moved you? Does the connection have place, action, and result? Do the quote and connection echo each other? Could the ending fit any article? Pass all five questions and the reading response qualifies.