

朗诵诗五个常见毛病与排练前自查清单

第一个毛病是意象堆砌。水花、泳池、阳光之外又塞进大海、海豚、贝壳，题目要求的三个意象反而被淹没。识别方法：数一遍每个意象出现的次数，要求之外的意象超过两个就是堆砌。改法：把多余的意象换成三个主意象的另一种动作，比如把海豚换成水花钻进鼻子。

第二个毛病是行数失控。提纲要求十二到十六行，有的孩子写到二十行，中间全是重复的害怕。识别方法：把每行压缩成一句话提纲，出现两句意思相同就超了。改法：删掉重复的那行，把想写的细节挪进相邻行，比如把不敢睁眼并进把手指放进水里那行。

第三个毛病是口号结尾。最后两行变成我学会了游泳我真棒、坚持就是胜利，前面营造的画面全部作废。识别方法：读最后两行，如果换成别的题目也能用，就是口号。改法：用一个动作收尾，比如我把水花留在了里面，或者泳镜里还装着夏天，让画面替孩子说话。

第四个毛病是硬凑押韵。为了押韵写出水面真亮闪闪、我游得像小船一样慢，句子别扭。识别方法：把可疑的行单独读三遍，读到第二遍觉得奇怪就是硬凑。改法：先保句子再找韵，实在押不上就换近义词，天换成边、亮换成光，韵脚跟着换。

第五个毛病是单行太长。一行超过十二个字，朗诵的孩子中途换气，节奏断掉。识别方法：出声读，凡是读到一半需要偷气的行都超标。改法：在逗号或的地方的位置拆行，一行变两行，行数不够就合并别的重复行。

排练前一分钟自查：三个要求的意象是否都出现两到三次；总行数是否在十二到十六之间；最后两行是不是动作而不是口号；有没有一行读一遍就拗口；全班齐读的位置是否安排了一到两处。五项全部通过，这首诗就可以带进排练；任何一项不过，只改那一项，改完再走一遍清单。

Five Common Flaws in Recitation Poems and a Pre-Rehearsal Checklist

Flaw one: image pile-up. Besides splashes, the pool and sunlight, the poem also stuffs in the sea, dolphins and seashells, drowning the three required images. How to spot it: count how many times each image appears; more than two extra images means pile-up. The fix: replace the spare images with another action of the three main ones, like swapping the dolphin for a splash up the nose.

Flaw two: runaway line count. The outline asks for twelve to sixteen lines, yet some children write twenty, the middle full of repeated fear. How to spot it: compress each line into a one-sentence summary; if two summaries say the same thing, it is over. The fix: delete the duplicate line and move its detail into a neighboring line, like folding dare not open my eyes into the line about putting fingers in the water.

Flaw three: slogan endings. The last two lines turn into I learned to swim, I am

great, or persistence brings victory, canceling every picture built before. How to spot it: read the last two lines; if they would fit any other topic, they are slogans. The fix: end with an action, like I left the splashes inside or my goggles still hold summer, and let the picture speak for the child.

Flaw four: forced rhyme. To make a rhyme the child writes the water surface is really shiny-shiny or I swim slow like a little boat, and the sentence twists. How to spot it: read the suspect line three times alone; if the second pass feels odd, it is forced. The fix: keep the sentence first, then hunt for the rhyme; if it will not rhyme, trade synonyms and let the rhyme follow.

Flaw five: lines too long. A line over twelve Chinese characters forces the reciting child to breathe mid-line and the rhythm snaps. How to spot it: read aloud; any line that needs a sneaked breath is over. The fix: split at a comma or a natural break into two lines, and if the line count runs short, merge other duplicate lines.

The one-minute pre-rehearsal check: do all three required images appear two to three times; is the total between twelve and sixteen lines; are the last two lines an action rather than a slogan; is there any line that trips the tongue on one pass; are one or two unison spots planned for the class. If all five pass, take the poem into rehearsal; if any fails, fix only that one and run the checklist again.