

写「妈妈笑了」最容易翻车的五个地方，附自查清单

批过很多篇帮妈妈做饭的作文，妈妈笑了写砸的地方高度重复。下面五个错误，每个都配改法，写完对照着查一遍。

错误一：笑来得太突然。妈妈推门进来立刻热泪盈眶，说孩子长大了。读者会觉得假，因为惊喜刚进门，人第一反应是愣住。改法：给笑排个顺序，妈妈先问怎么了，再看桌子，停两秒，嘴角才动。笑慢半拍，反而真。

错误二：做饭过程太顺利。鸡蛋一打就开，饭一炒就熟，盐一放就准。顺利的文章没有可读的东西。改法：三个环节至少安排两处小事故，蛋壳掉碗里、油星蹦手背、盐放多了，任选两处写细，事故前后各配一句当时的想法。

错误三：妈妈成了道具。全文只有妈妈进门、笑、说话三个动作，像个按剧本走的机器人。改法：给妈妈一个剧本外的动作，比如她放下包先去摸锅的温度，或者她边吃边把咸的那几粒挑到自己碗里。剧本外的动作一出现，人就活了。

错误四：结尾喊口号。妈妈笑了，我体会到了母爱的伟大，我以后要多帮妈妈做家务。这三句没有一句是画面。改法：结尾只留一个动作或一句对话，比如妈妈把盘子推进我怀里，说剩下的你负责吃完。口号删掉，感受让读者自己长出来。

错误五：细节全是形容词。香喷喷的蛋炒饭、开心的我、温柔的妈妈，形容词堆了一串，读者什么也没看见。改法：把每个形容词换成一个名词加一个动词，香喷喷换成锅边结了一圈焦黄的锅巴，温柔换成妈妈说话时顺手把我额前的头发拨上去。

自查清单六条，写完逐条打勾：一，三个场景是否都有至少一个声音词；二，做饭是否出了至少两处小事故；三，妈妈是否有剧本外的动作；四，笑是否写了先后变化而不是直接笑了；五，结尾是否没有伟大、感恩之类的大词；六，全文形容词是否不超过五个。六条全勾，这篇基本不会差。哪条勾不上，就回到对应错误那段，按改法补一处再交。

Five Ways This Essay Goes Wrong, with a Self-check List

After reading so many essays about helping mom in the kitchen, the places where the smiling mom scene falls apart repeat themselves. Here are five mistakes, each with a fix. Check your draft against them before you hand it in.

Mistake one: the smile arrives too fast. Mom opens the door and immediately tears up, saying the child has grown up. Readers smell fake, because the first reaction to a surprise is to freeze. Fix: put the smile in order. Mom asks what happened first, then looks at the table, pauses two seconds, and only then her mouth moves. A smile half a beat late reads truer.

Mistake two: the cooking goes too smoothly. The egg opens on the first try, the rice loosens at once, the salt lands exactly right. A smooth process gives the reader

nothing to hold. Fix: schedule at least two small accidents among the three steps, shell in the bowl, oil on the hand, too much salt, pick two and write them close, each with one thought before and after.

Mistake three: mom is a prop. She only enters, smiles, and speaks, like a robot following a script. Fix: give her one unplanned action, like putting down her bag to touch the pan and check its warmth, or picking the saltiest grains into her own bowl while eating. One unplanned action and the person comes alive.

Mistake four: the ending shouts a slogan. Mom smiled, I understood the greatness of motherly love, I will help with housework more. Not one of these three sentences is a picture. Fix: keep only one action or one line of dialogue, like mom pushing the plate into my arms, saying the rest is your job to finish. Delete the slogan and let the feeling grow in the reader.

Mistake five: every detail is an adjective. Delicious fried rice, happy me, gentle mom, a stack of adjectives that show nothing. Fix: replace each adjective with one noun plus one verb. Delicious becomes a ring of golden crust burnt onto the pan edge, gentle becomes mom brushing the hair off my forehead while she talks.

A six-item checklist, tick each one after writing. One, does every scene contain at least one sound word. Two, did at least two small accidents happen while cooking. Three, does mom have one unplanned action. Four, is the smile written as a sequence of changes instead of just smiled. Five, does the ending avoid big words like greatness and gratitude. Six, are there no more than five adjectives in the whole essay. Six ticks and this essay will hardly be bad. Any unticked item means going back to the matching mistake and adding one fix before submitting.