

洗碗日记怎么写：收拾碗筷、泡泡、摸头三个素材的写法

日记开头两行不能省：第一行写几月几日星期几，第二行写天气，晴、阴、下雨都行。示例：十月十八日 星期六 晴。写完这两行直接进事情，不要写今天我做了一件有意义的事，这句话一出现，日记就假了。

三个素材按事情先后排：先收拾碗筷，再洗碗，最后妈妈摸头。顺序不能乱，因为摸头是结果，得等碗洗完才能出现。

收拾碗筷这段写两个动作就够：把碗擦起来，擦成三个，端到水池边，筷子横放在碗顶上。注意筷子横放这个细节，这是真的收拾过碗的人才写得出的，没洗过碗的人只会写我把碗拿到厨房。

泡泡这段是全文最好玩的地方，要放大写。挤洗洁精挤多了还是挤少了，泡泡是什么形状，哪个碗上的泡泡最难冲。示例：洗洁精我只挤了一滴，搓出来的泡泡比想象的多，碗边上挂着一圈小泡泡，像给碗戴了花边。冲的时候泡泡不肯走，手指一碰它就啪地破一个。写泡泡别用漂亮、有趣这种词，写它像什么、碰它会怎样，读的人自己会觉得有趣。

妈妈摸头这段是收尾，写法是动作加一句短话。示例：妈妈过来摸了摸我的头，说碗底冲得干净。摸头之前要安排妈妈的一个反应，她先看碗，再摸头，顺序不能反。摸头那句话要短，七个字以内，说太长就不像妈妈了。

日记结尾不加感想。今天真开心、我长大了，这两句都删。碗洗完、摸完头、话说完，日记就结束，停在事情上。低中年级日记最讨喜的地方就是不停在道理上，停在手上还留着泡泡这种地方。

最后检查三样：日期天气两行在不在；三个素材是不是按收拾、洗、摸头的顺序；泡泡那段有没有像什么或者碰它会怎样。三样都在，这篇日记就立住了，字数不够就在泡泡那段加一两句，别在结尾加感想。

How to Write a Dishwashing Diary: Clearing Dishes, Bubbles, and a Pat on the Head

A diary starts with two lines you cannot skip: the first line gives the date and weekday, the second gives the weather, sunny, cloudy, or rainy. Example: Saturday, October 18, sunny. After those two lines go straight into the event, and never write today I did something meaningful, because once that sentence appears the diary turns fake.

Put the three materials in the order things happened: first clearing the dishes, then washing them, then moms pat on the head. The order cannot flip, because the pat is the result and has to wait until the bowls are done.

For the clearing part, two actions are enough: stack the bowls into three, carry

them to the sink, lay the chopsticks across the top of the stack. Notice the chopsticks detail, only someone who really cleared the table writes that, everyone else just says I brought the bowls to the kitchen.

The bubbles part is the most fun place in the diary, so write it big. Did you squeeze too much detergent or too little, what shape were the bubbles, which bowl was hardest to rinse. Example: I squeezed only one drop of detergent, yet the bubbles came out more than I imagined, a ring of small bubbles hung on the rim like a lace collar for the bowl. When rinsing, the bubbles refused to leave, and my finger popped them one by one with a tiny bang. Do not use words like beautiful or interesting for the bubbles; write what they look like and what happens when you touch them, and readers will find them interesting on their own.

The pat on the head is the ending, written as an action plus one short line. Example: mom came over and patted my head, saying the bottoms of the bowls were rinsed clean. Before the pat, arrange one reaction from mom, she looks at the bowls first, then walks over and pats my head, saying only one short line, the bottoms are rinsed clean. Keep her words within a sentence, and do not write her eyes shining or tears running, those belong to compositions, not to diaries.

The diary stops at the event, no lesson attached. When the washing is done, close the diary right there. Do not add sentences like I understood how hard mom works or labor is glorious. If a feeling is truly needed, hide it inside an action, for example I put the last bowl into the cabinet and closed the door lightly. Whether the reader feels the growth is up to the reader, the diary itself does not explain it.

Before finishing, check three things. First, check the format, are the date, weekday and weather written on the first line. Second, check the order, are tidying the bowls, the bubbles and the pat on the head written in sequence, each taking its own paragraph. Third, check the language, count how many empty words like happy, meaningful, unforgettable appear in the whole text, and delete them one by one until only actions, sounds and small details are left. A diary with these three checks done reads like a real kid record, and the title requirement of three hundred words is naturally met.